

LUNCH MENU

Open 8 am to 3 pm Daily

SALADS/SOUP

SALADS/SOUP	
House Salad – small/large	\$5.95/\$11.9
Caesar Salad – small/large	\$6.95/\$12.9
Island Salad – Organic greens, carrot, onion	
walnuts, craisins, feta, peppers, mandarins, and	\$14.95
lemon poppy seed dressing	
Chicken Caesar Salad – Chopped Romaine,	644.05
parmesan, roast chicken, house made croutons,	\$14.95
and creamy Caesar dressing.	
Southwest Salad – Organic Greens, roast chicken,	
cheddar, black beans, onion, corn, tomato, and	\$15.95
tortilla chips with chipotle lime dressing	
Soup of the day – small 8 oz. / large 16 oz. (served	
with homemade roll)	\$5.95/\$8.95
KIDS (Served with mixed greens)	
Kids Grilled Cheese	\$9.95
Kids Cheese Quesadilla	\$9.95



WRAPS

(Served with mixed greens)

(Serveu with mixeu greens)	
Santa Fe – Chicken, beans, cheddar,	\$14.95
peppers, onion, rice, and cilantro mayo	
Thai Noodle – Chicken, rice, carrot, bean sprouts, rice, sweet chili, and peanut sauce.	\$14.95
Fresno (Chicken or Shrimp) -Choice of protein with organic greens corn salsa,	\$14.95
guacamole, and mozzarella	
Veggie Wrap – Rice, carrots, cucumber,	\$12.95
peppers, tomato, onions, sprouts, feta, and	
cilantro mayo	
SANDWICHES	
(Served with mixed greens)	
Poast Poof	¢1E OE

(Served with mixed greens)	
Roast Beef	\$15.95
Roast Chicken	\$14.95
Curried Egg Salad	\$12.95
Tuna-sabi	\$12.95
Bacon Lettuce Tomato	\$13.95
Reuben	\$14.95
Clubhouse	\$14.95
Veggie	\$12.95
Grilled 3 cheese	\$14.95
Shrimp and cream cheese	\$14.95
Beef Dip	\$16.95